Variables	Completed	Variables	Р
	(n=1187)	(n=237)	values
Maternal age, median (IQR), y	29(26-32)	29(27-32)	0.69
Education level, n (%)			0.12
Junior high school or below	318 (26.8)	58 (24.5)	
High school or technical	286 (24.1)	46 (19.4)	
secondary school			
Junior college	281 (23.7)	57 (24.1)	
Undergraduate or above	302 (25.4)	76 (32.1)	
Residence, n (%)			0.50
Urban	808(68.1)	156(65.8)	
Rural	379 (31.9)	81 (34.2)	
Neonatal gender b, n (%)			0.37
Male	587 (41.3)	125(52.7)	
Female	598 (50.5)	112 (47.3)	
Gestational age c, median (IQR), wk	39.14(38.6-39.9)	39.14(38.6-39.9)	0.44
Birth weight d, median (IQR), g	3200(2900-3450)	3200(3000-3540)	0.07
Feeding patterns e, n (%)			0.43
Breastfeeding	893(75.3)	169 (71.3)	
Non-breastfeeding	23 (1.9)	5 (2.1)	
Mixed feeding	270 (22.8)	63 (26.6)	
Delivery method, n (%)			0.83
Natural delivery	797 (67.1)	161(67.9)	
Cesarean section	390(32.9)	76(32.1)	

**Table S2.** The difference of demographic characteristics between participants completed and uncompleted the trial.<sup>a</sup>

<sup>a</sup> *P* values were obtained using 2-sided Student t-test or Wilcoxon rank sum test for continuous and  $\chi 2$  test for categorical variables, all *P* > .05.

<sup>b</sup> Neonatal gender was unknown for 2 neonates.

 $^{\circ}$  Gestational age was unknown for 3 neonates.

<sup>d</sup> Birth weight was unknown for 1 neonate.

<sup>e</sup> Feeding patterns was unknown for 1 neonate.