

## Multimedia Appendix 2

### Flow chart: recruitment and sample

Aim: Cross-sectional survey based on a sample of 100 participants.

Inclusion criteria/ population sample: (1) full age ( $\geq 18$  years), (2) German speaking, (3) diagnosed with chronic heart failure, (4) capable of giving consent and being expected to survive more than 6 months, (5) having consented to inclusion in HiGHmed-UCC

