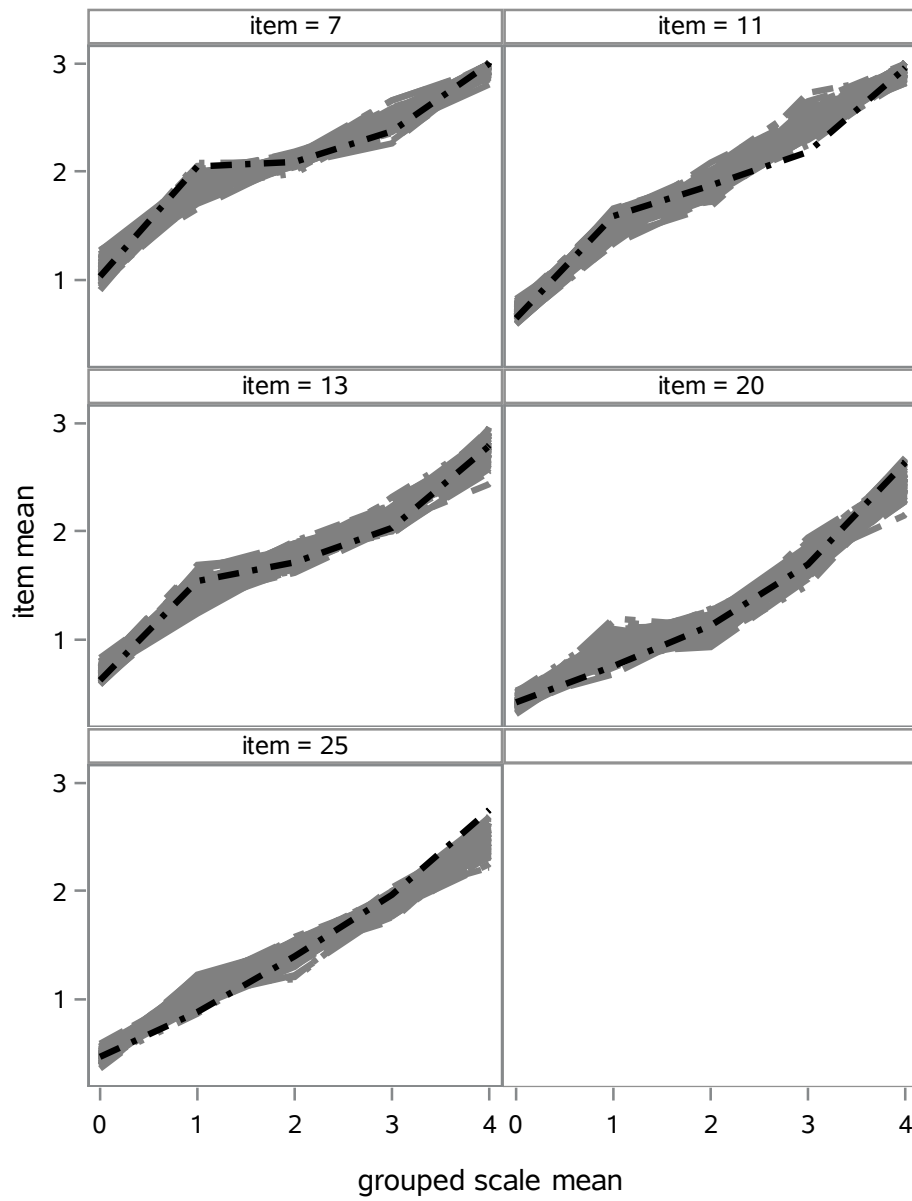
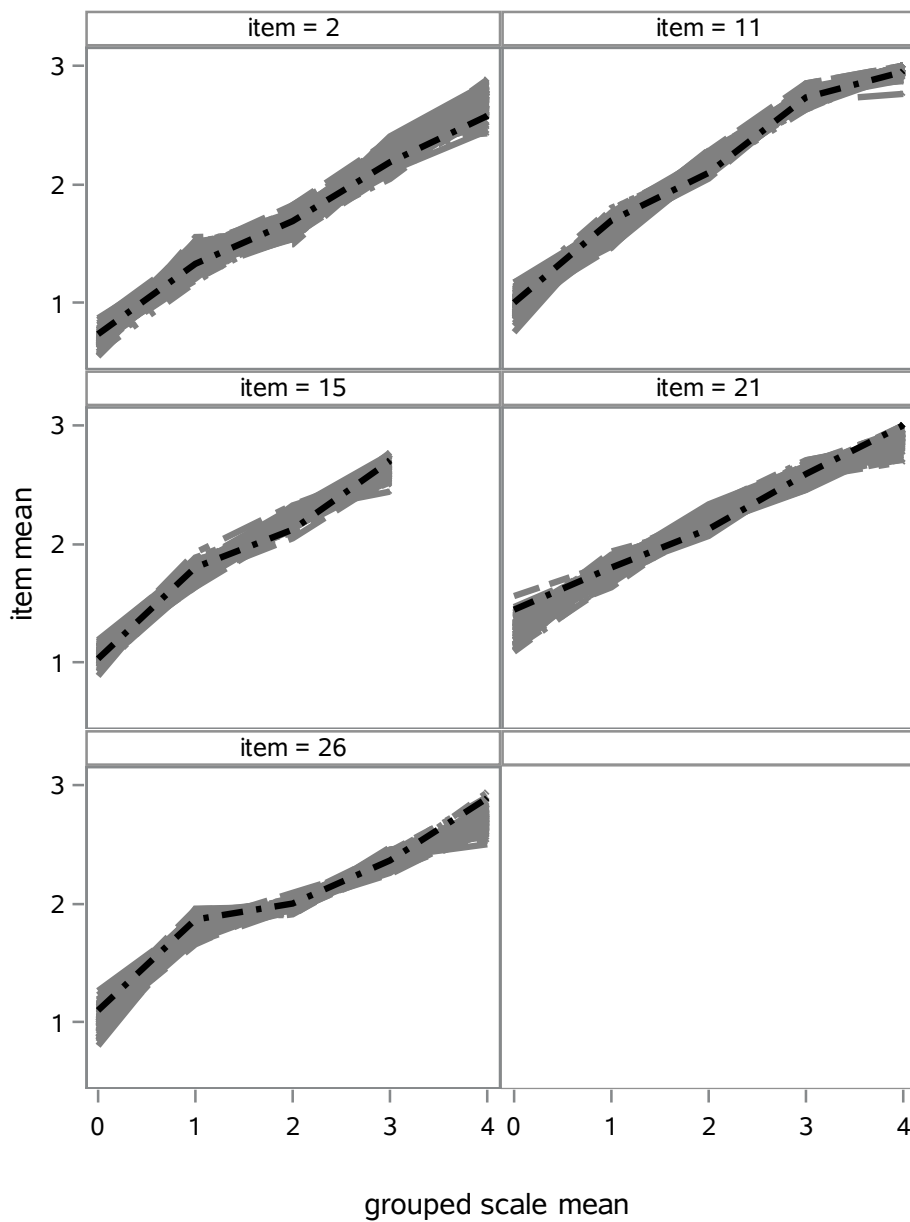


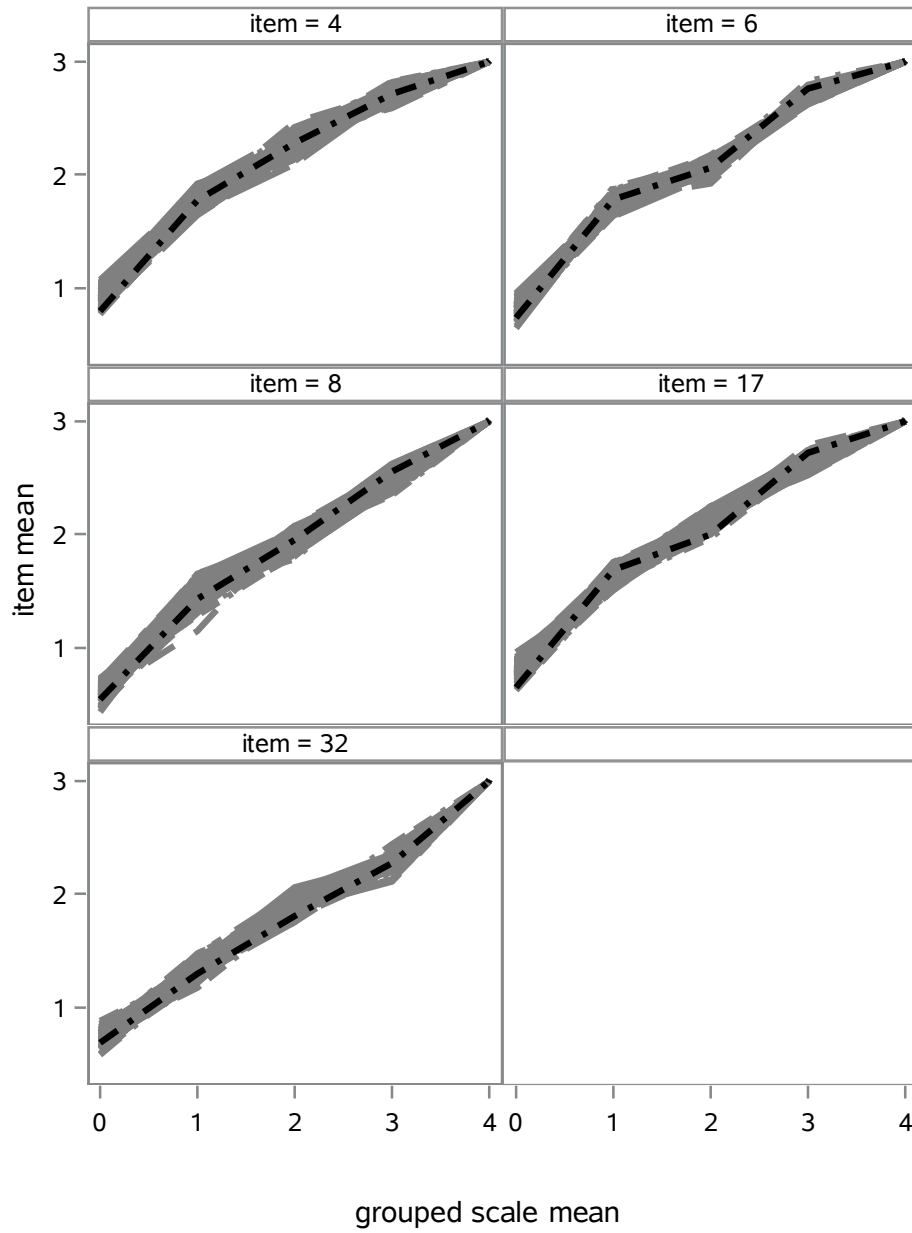
# 1. Using technology process health information



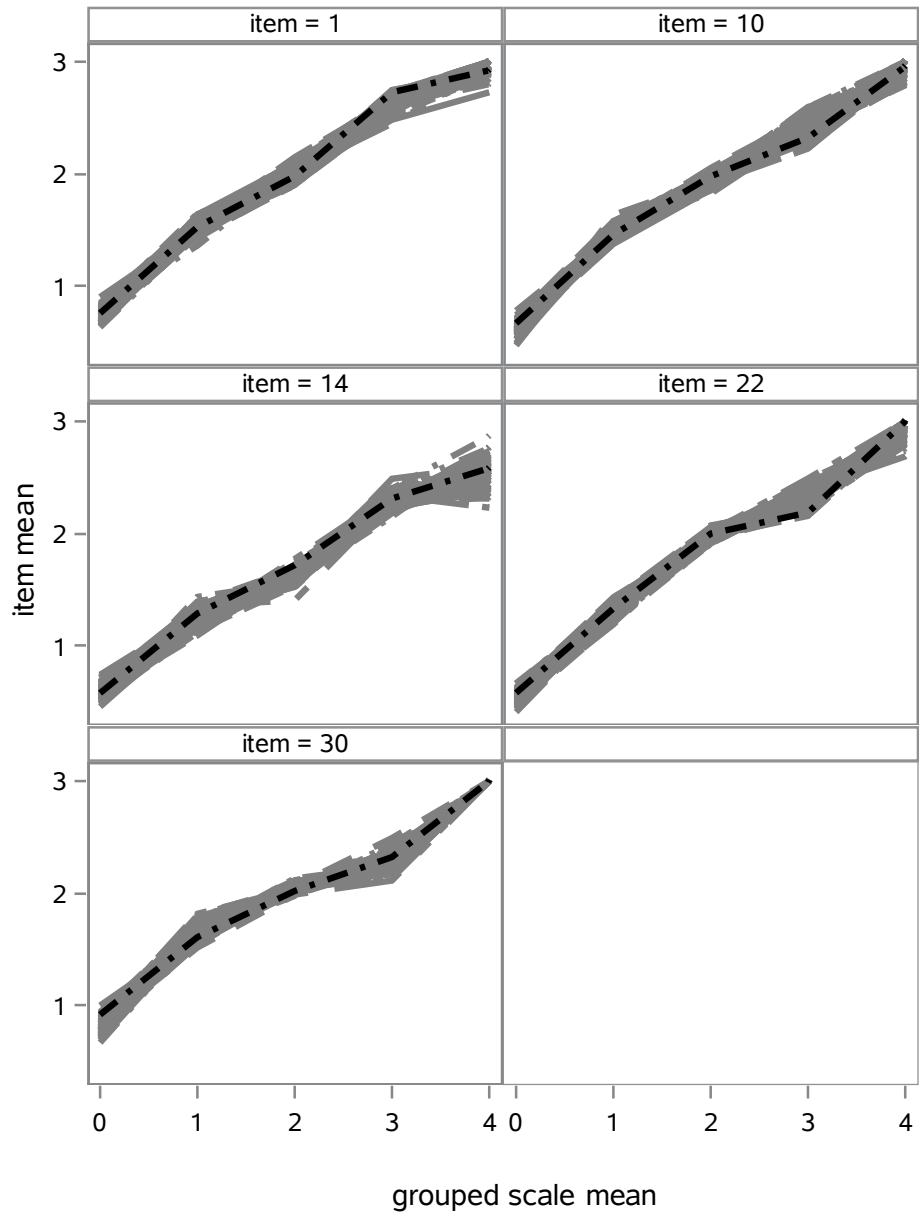
## 2. Understanding of health concepts and language



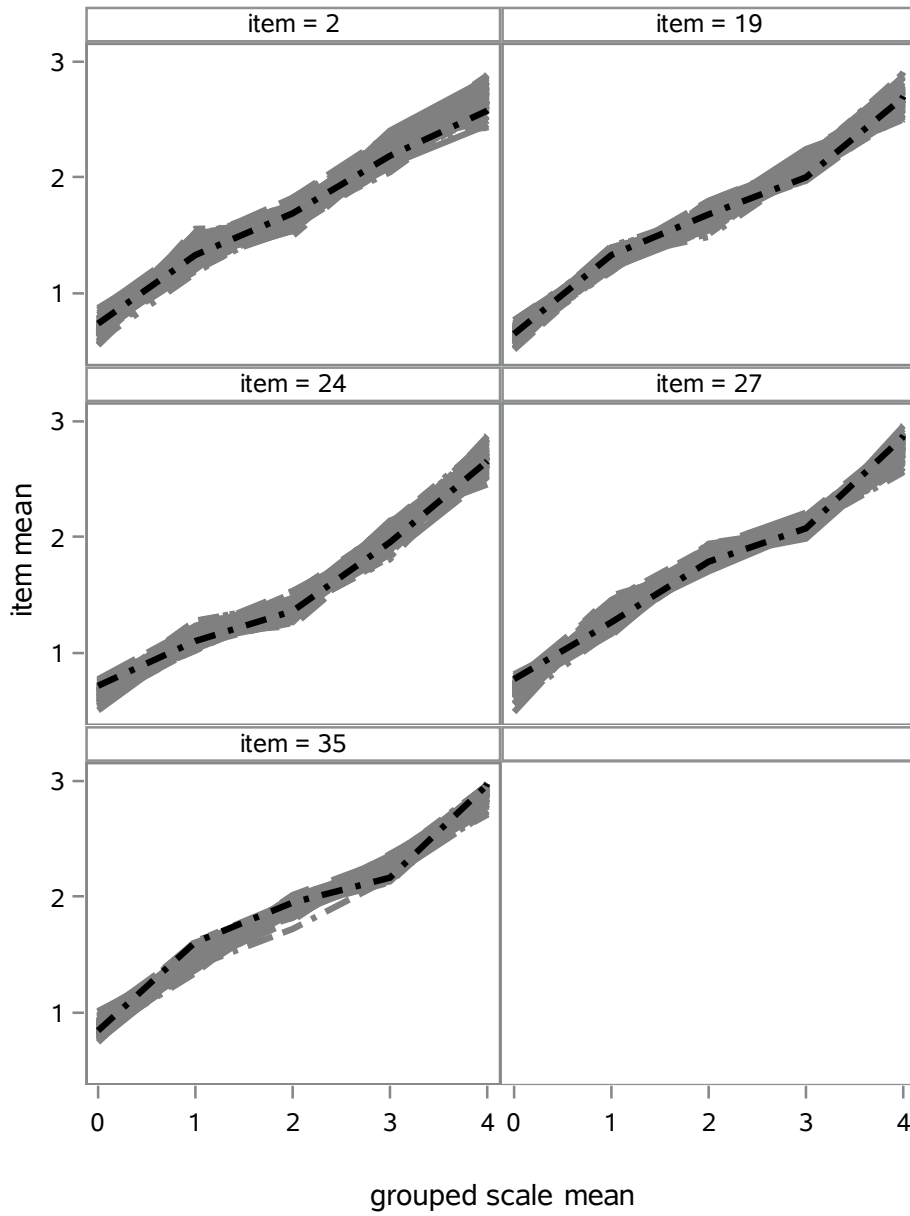
### 3. Ability to actively engage with digital services



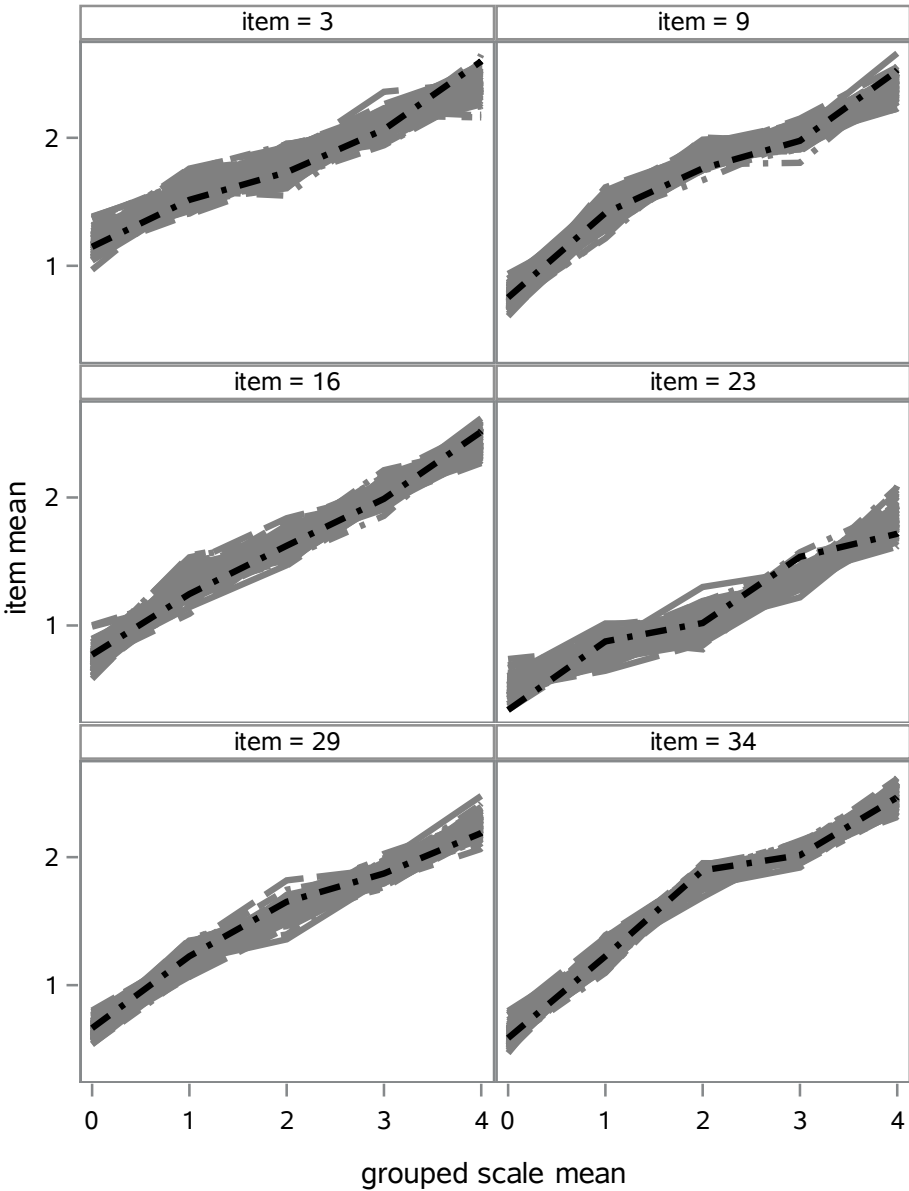
#### 4. Feel safe and in control



### 5. Motivated to engage with digital services



6. Access to digital services that work



### 7. Digital services that suit individual needs

